

NEW!!! Living Well with Diabetes Lending Library

It's easy, just request your book title in an e-mail before the meeting and someone will bring the book for you to borrow. Please just one book at a time, for 2 weeks. All of the diabetes books are ADA recommended.

General/Food

Diabetes A to Z; What you need to know about Diabetes, ADA

Cut the Fat, More than 500 easy and enjoyable ways to reduce fat from every meal

Reflections on Diabetes, 39 inspirational, real-life stories on living with diabetes

Fit and Fast Food, Serving up Delicious and Nutritious Meals....In Minutes

Zen and the art of Diabetes Maintenance, a spiritual toolkit for a better life

Necessary Toughness, the story of an NFL lineman's journey with diabetes

NEW! **Snack Munch Nibble Nosh Book,** 175 healthy treats to add zip to your diet

NEW! **Diabetes Meals on \$7 a day or Less,** how to plan healthy menus without breaking the bank

Living with Diabetes, Miss America 1999 tells her heartwarming, inspirational story of diabetes

Secrets of Living and Loving with Diabetes, Three experts answer questions you've always wanted to ask

The New Soul Food Cookbook, for people with diabetes

NEW! **Diabesity,** The Obesity-Diabetes Epidemic, Kaufman

For Pumpers or Potential Pumpers:

Pumping Insulin, Walsh, 4th edition. May, 2006

For and about Kids/Teens

Sweet Kids : How to Balance Diabetes Control & Good Nutrition with Family Peace

#43 The Babysitters Club: Stacey's Emergency

These are usually enjoyed by girls, 9-14

#3 The Babysitters Club: The Truth about Stacey

