



# Diabetes Management Solutions

home of **The Diabetes Bus Initiative**®

## Diabetes Bus News Brief

April, 2009

Volume 2, Issue 8

Website:  
www.thediabetesbus.org



*Please join DMS staff and volunteers for the best diabetes information, education, tips, and resources available in one place. Ticket includes a full day of diabetes seminars, tradeshow, and lunch.*

**SAT. MAY 2, 2009**  
**Raleigh**  
**Convention**  
**Center**

*Brochures available at the DMS office OR call TCOYD toll-free for tickets*  
**(858) 755-5683**

Lorraine Gibbons was first in line for a free screening test the day the Diabetes Bus came to Granville Medical Center to kick off the new diabetes self-management classes in Oxford, NC. Having family history for diabetes, she was anxious to see her reading. Lorraine got good news— her blood sugar reading was normal. But Kim Hanchette, certified diabetes educator, explained that with her family history she should have it checked annually and start walking each day. Others attending the kick-off celebration weren't as lucky.

While screening is important, the main goal of the Diabetes Bus is to teach people how to manage their diabetes through healthy eating, blood sugar testing and analysis, medication management and prevention strategies for potential complications.

"This disease is just too complicated and progressive to manage by reading a brochure and taking your medicine," Hanchette says.

After a welcome by Granville Medical Center CEO Lee Isley, DMS staff credited the staff of Granville Medical Center for their support and the use of the hospital classroom for success of the new offering. "It is only through community collaborations that we can address the public health concerns of North Carolina communities," said Hanchette.

Diabetes Management Solutions is a nonprofit organization started The Diabetes Bus Initiative in 2000 to bring diabetes education and information to rural North Carolinians living without

access to a diabetes education program in their town.

With the help of a grant from the Blue Cross and Blue Shield of North Carolina Foundation, this is the seventh location the Diabetes Bus is providing free, quality, self-management education. Mount Olive, Wake Forest, Henderson, Benson, Sanford, and Ahoskie are the other locations.

Classes in Oxford are held on Tuesday mornings. Shana Bare, MPH, RD, CDE is the instructor. Please ask your provider for a referral to class or call DMS toll-free at 877-781-6664.



### Did you Know?

Unopened, never-used pens can be stored in the refrigerator. But once you have attached a needle or placed a cartridge in a reusable pen, it should be stored at room temperature to prevent condensation in the insulin container.

## Join us for our "Downtown Derby" – a pre-Kentucky Derby party to benefit DMS



Bring your friends to Amra's in downtown Raleigh on **April 23 from 5:30 – 7:30pm** for an enjoyable evening of refreshments, drinks, and pre-derby fun! Wear your favorite hat and win the "best Derby hat" contest! Raffles for Charlotte Steeplechase tickets, a Downtown Raleigh weekend, and two cases of wine will be part of the exclusive event. Music and Tobacco Road Café appetizers will be just part of the fun. **To purchase your \$20 tickets, buy them online at: [brownpapertickets.com](http://brownpapertickets.com). (type in Downtown Derby). Space permitting, tickets will be available at the door.**

### DMS Class Locations

**Sanford**— Central Carolina Hospital

**Oxford**— Granville Medical Center

**Henderson**— Henderson Family Medicine

**Ahoskie**— ViQuest Center of Ahoskie.

**Wake Forest**— Wake Forest Family Physicians

**Benson**— Benson Area Medical Center

**Mount Olive**— Mount Olive Family Medicine.

Call toll-free to learn how to attend classes **(877) 781-6664**

## Diabetes Management Solutions donates supplies to Open Door Clinic

*12/29/2008- Gretchen Mottice, Program Administrator for Urban Ministries Open Door Clinic, happily received a donation of diabetes meter kits and supplies valued at over \$10,000 from The Diabetes Bus Initiative. DMS received the supplies by Glaxo SmithKline at the end of a clinical trial. DMS was notified of the meters stockpiled in their warehouse in 2007 and went to retrieve them, on the Bus. When DMS heard about the great need for diabetes supplies at the Open Door clinic in Raleigh, they were happy to put these stored supplies into good hands. Thanks to GSK and to DMS volunteer, Adam Hanchette, for his help moving the supplies both times!*



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## Volunteers needed for 2nd Annual Day at the Farm (for diabetes)

If you missed last year's Day at the Farm event— you missed a gorgeous day on a beautiful former tobacco farm with great live bands, the NCSU clogging team, grilled food, craft vendors, a classic car show, refreshments, and a diabetes health fair **ALL IN ONE DAY!**



Mark your calendars for Sat., Oct 24th, 2009. Coming this year: Bluegrass Bands, hayrides, crafts, food vendors, and diabetes health fair— another fun-filled day! **WE NEED VOLUNTEERS** to be on our core team. If you enjoy great people while using your skills to

help plan a fun event for a great cause, please call Missy @ (919) 876-8466, or e-mail: [missy@thediabetesbus.org](mailto:missy@thediabetesbus.org)

